



Safe Work Australia Week 2011

Register of workplace events and activities

Mining

Organisation	Activity
Abigroup Contractors	Toolbox meeting BBQ
Australian Pressure Testing Services	Use of 10x10 Talk information - 1 for each week of October. Review of Hazardous Substance Risk Assessments Verify Competencies of forklift operators
Boral Resources WA (Orange Grove)	Present 10@10 at the morning prestart meeting Onsite Stress Management to conduct head and shoulder massages for all employees. BWell Health Checks provided to employees BBQ at the end of the week
CSA Global	On Tuesday 25th October CSA Global will hold "Super Spine Day". This day will focus on neck and back care with elements of both learning and enjoyment for our staff through a tailored workplace ergonomics educational program and in-office massage services. 1) Interactive Seminar: 45 minute sessions run by an experienced Physiotherapist. The key concepts covered in the INTERACTIVE Ergonomics/Neck and Back Care/Exercise seminar would be: <ul style="list-style-type: none"> - The anatomy of the neck and back - Common workplace injuries and how to avoid them - How to care for your neck and back - Optimal workplace set-up - Optimal posture whilst seated at the office - How to set up your equipment - Office stretches 2) 10 minute workplace massage: this service provides an effective method to reduce the negative effects of stress and muscular tension on staff. Qualified and experienced remedial massage therapists provide a relaxing and invigorating seated massage to ensure staff members are in good hands.
PLWA	10 on 10 Tool Box talks, safety slogans competition, sausage sizzle
Toll Mining Services West	Evacuation Drill

	Peer assessment on workplace ergonomics Intranet HSE Questionnaire Prizes up for grabs.
woodside	HSE Meeting